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Managing your computer download is like an email solution: if you don't have a good strategy to stay organized, it can be really cluttered, really fast. Even so, many of us treat downloading folders like landfills. It's a place we pay little attention to, except for those odd times that we need to dive in to find a specific file or free up space on our hard drive. Otherwise, it's usually out of sight and out of mind. Don't let the digital equivalent shovel everything in the muck closet into your computer. These two quick tips can make it easier to control your files and quickly find the files you're looking for. Send it to the desktop One of the easiest ways to manage downloads is to download files to the desktop by default. Because you're always looking at the desktop, you're more likely to keep it clean by deleting files you no longer need. Then when you download something new, finding it on the desktop is much easier because it's one of the few files sitting on the desktop. Here's how to adjust your browser settings to send downloads to your desktop. Chrome's Downloads setting. Chrome: Click the hamburger menu icon in the upper-right corner and go to Settings > View advanced settings... > downloads. Click Change... select the desktop in the window that appears, and then click OK. Firefox Options window. Firefox: Click on the hamburger menu icon in the upper right corner and select Options. In the new window that opens, open the General tab, and then click Browse... under the heading Downloads. Then select the desktop in the File Explorer window that opens, and then click Select Folder. Internet Explorer: Click the eye piece settings in the upper-right corner and select Show download. In the next window that opens, click the Options button in the lower-right corner. Another window will open; click Browse... and then select the desktop in the File Explorer window that opens. Tweak File Explorer Explorer in Windows 8.1. If you don't like using your desktop as a download dump or at odd times when browser preferences are ignored, quick setup in File Explorer can really help you find recent downloads in no time. To get started, open File Explorer and select the Downloads folder in the left navigation column. In Windows 8.1, four columns should appear in the main window: Name, Modified Date, Type, and Size. By default, File Explorer organizes the download by name. It's a great default setting for most folders, but when you download a file where you might not even know the name of the file you're looking for, it's not ideal. Instead, click the Date Modified column until an arrow pointing to the column name is It automatically inserts your latest downloaded files into the top of the folder, making them much easier to find. File Explorer remembers your choice and each time you open downloaded files will be arranged by date in descending order. Simple but effective! 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This Coopervision report highlights global research on the consumer use of digital devices in relation to eye health. Possible effects of using digital devices on the eyes and the way people cope with discomfort are also reported. More about digital eye strain. Eye safety at a glance. This guide to eye safety at work is great for both employers and employees. He produced vision advice with the American Society of Security Engineers. More about eye safety. Eye safety tips. This infographic contains statistics on eye safety at home, at work and during sport, with important tips. It also contains code that you can embed and share on your own blog or website. Healthy Vision Month Fact Sheet. May's National Eye healthy vision month. This factsheet contains five steps you can take to celebrate Healthy Vision Month and eye health priority. Also learn interesting statistics about eye exams and Policies. How to stop eye twitches. This infographic explains what might be causing that annoying eye twitch and how to get rid of it for good! Also get copy-and-paste code for sharing infographics on your own website or blog. Life with poor eyesight. The National Eye Institute/National Institutes of Health produced this large-print brochure for visually impaired people and their caregivers to learn about the resources they can use to live independently. A DVD is also available. Contains videos with people with poor eyesight. One couple, watch out. The CDC reminds contact lens wearers that you only have one pair of eyes, so take care of them! This infographic highlights tips on how to prevent eye infections related to contact lenses. When it comes to wearing contacts, healthy habits mean healthy eyes. Our eyes are important. This infographic from the National Eye Institute highlights several reasons why we should take care of our eyes and contains shocking projections. Infographic is also available in Spanish. 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This PDF brochure from the Vision Council contains information on how UV light harms eye health and vision, myths vs. facts about sunglasses, a list of U.S. cities at high risk of UV radiation, lens shade info, and info info info, and infographics showing results from a survey on UV awareness. More about UV light. Sunglasses as a healthy need. Celebrating National Day of Sunglasses 27. In honor of the day, the Vision Council produced this infographic on why sunglasses are so important and why we need to protect our eyes - and those of our children - from exposure to the sun. We hope you will be inspired to wear sunglasses whenever you are outside! Vision loss in America: Aging and low vision. This Vision Council report looks at the impact of vision loss on people, including how it can lead to falls, isolation, depression and poor quality of life. Weaknesses, procedures and magnifying devices are also explained. More about low vision. Vision Plans - Price Comparison worksheet. Here's another chart to use when comparing vision plans, this time from a price perspective. Problems with in the U.S. National Eye Institute and prevent America has released alarming new statistics on cataracts, glaucoma, miopia, macular degeneration and other vision problems. Or, use a database with searchable use of customized reports. What is blue light? The Vision Council released the results of its annual survey on the digital eye strain in America, with information about one of the main culprits, blue light. The survey showed that most Americans don't discuss their digital use of the device with their eye doctor, even though they should, and that most of our children are viewing device screens for more than two hours a day. More about computer eye strain. What you should know if your child is shortsighted. This shared infographic shows why some children develop miopisu, why it's a big deal and how you can help stop it. Also get copy-and-paste code for sharing infographics on your own website or blog. Why smoking is bad for your eyes: Infographic. This infographic on smoking explains the harmful effects on the eyes of both smokers and those exposed to second-hand smoking. Please share with the people you care about! World Disability Report. This report provides insight into poor vision, blindness and other physical and mental disabilities. It is full of interesting facts and recommendations for political reforms to provide disabled people everywhere with the need for a dignified and fulfilling life. Page updated June 2019 2019

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